

# West Winch Parish Council

## Terms of Reference: Health and Wellbeing Working Group

1. The Health and Wellbeing Working Group is constituted as a Working Group of the West Winch Parish Council. The Working Group's composition shall comprise of a Chair plus 3 working group members. Also, Parishioners as and when deemed necessary.
2. At least one member of the Working Group to be the official Sports Co-ordinator for the Village, reporting to Active Norfolk.
3. The Working Group's aims are: - To enter a team in the West Norfolk Inter Village Games and encourage residents to take part in these Games. To liaise with Active Norfolk for such events on behalf of the village.
4. The Working Group in conjunction with Active Norfolk will arrange Sports Taster events each year to encourage residents to get active. To try different sports and new activities. The Working Group will work closely with members of the Playing Fields and Maintenance Working Group to ensure availability of Public Open Space for such events.
5. The Working Group will liaise with Parish sports clubs and other sporting groups to assist in recruitment and encourage residents to get active.
6. Minutes of all meetings will be kept by the Clerk and forwarded by email to members of the Parish Council.
7. The Working Group will meet as events require, with a minimum of 2 days clear notice given.
8. The Working Group will have a budget to cover costs of equipment, clothing and expenses etc.  
The budget to be allocated as deemed fit by the Parish Council and Finance Working Group.
9. The Chairman and Vice Chairman of the Parish Council are ex-officio members of all Working Groups and are entitled to vote.